

Virtual Library

Socrates Cafe: A Virtual Philosophical Discussion Group. Gather with people from different backgrounds and beliefs to exchange thoughtful ideas and experiences. This group will be facilitated by Renee Kirschner. Registration is required. **Thursdays, May 2 & 16, 10 AM-12 PM. Online via Zoom.**

Songs in Progress Virtual Workshop. Meet virtually with Arizona Songwriters Association members Jon Iger and Randy Brown to get constructive feedback on your song, finished or not, BEFORE you go into the studio! Perform it live or play a recording. Randy and Jon have had songs placed in many movies and TV shows. Randy is a songwriting coach, and Jon is President of the Arizona Songwriters Association. Registration is required. **Saturday, May 18, 1-4 PM. Online via Zoom.**

Virtual Writers Group Workshop. Meet fellow writers and hear thoughtful feedback on your work. All genres and writing styles are welcome. Registration is required. **Wednesday, May 29, 6-8 PM. Online via Zoom.**

Please register with an email address so the event host can send you a link for the virtual program via Zoom.

*The Foothills Library's **Gentle Reads Book Discussion Group** as well as the Velma Teague Library's **58th Avenue Book Group** and **Velma's Clues Cozy Mystery Book Club** are hybrid programs which offer a virtual Zoom option in addition to in-person attendance. Please check the program descriptions for more details.*



Looking for more to do in Glendale? Scan the QR code for the Parks and Recreation calendar or visit <https://gplaz.org/3J50dgZ>

www.glendaleazlibrary.com @glendalelibraryaz @glendalelibrary



† Full STEAM Ahead & VR Experience @ GPL: These projects are supported by the Arizona State Library, Archives and Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services.

All Glendale Public Library locations will be closed on Monday, May 27, in observance of Memorial Day.

All events at the Glendale Public Library are public, and participants may be photographed by the media and/or City staff for future print and/or online publication.

Please arrive on time for registered programs. If you are more than 10 minutes late, your space may be given to another.

Glendale Public Library is a division of the City of Glendale's Community Services Department: 623-930-3590

Programs for Adults at the Glendale Public Library

Events

May 2024



To register for a program, please visit <https://gplaz.org/events> or call 623-930-3600. All programs are free.

Foothills Library
19055 N. 57th Ave.

Heroes Regional
Park Library
6075 N. 83rd Ave.

Main Library
5959 W. Brown St.

Velma Teague Library
7010 N. 58th Ave.

623-930-3600

Monday	10 AM-8 PM
Tuesday	10 AM-4 PM
Wednesday	10 AM-4 PM
Thursday	10 AM-8 PM
Friday	10 AM-6 PM
Saturday	10 AM-5 PM
Sunday	1 PM-5 PM

The Best Things in Life Are FREE!

Free Comic Book Day @ the Library! Drawn to Comics, downtown Glendale's source for comic books, gaming and collectibles, will be giving away comics in celebration of Free Comic Book Day at the Velma Teague Library. Comics will be offered on a first-come, first-served basis and while supplies last. Enjoy select vendors, cosplay, and crafts and games for kids. Activities will take place inside the library and at the Drawn to Comics store located across the street (5801 W. Glendale Avenue). Don't miss the Glendale comic book event of the year...and May the 4th be with you! **Saturday, May 4, 10 AM-2 PM. Velma Teague Library & Drawn to Comics.**



Big news! We're going FINE-FREE! No more worrying about overdue fines—ever! Plus, we're wiping out all existing fines on your account. It's our way of saying thanks for being awesome patrons! Return those late items and get back to enjoying all our library has to offer, hassle-free. Visit <https://gplaz.org/fine-free> to learn more!



For special accommodations, please call the host location at least one week before the event.

Foothills Library

Gentle Reads Book Discussion Group. Discuss emotionally uplifting and inspirational fiction. This month's book is *Unlikely Animals* by Annie Hartnett. If you are interested in attending this meeting virtually instead of in person, please register with an email address so the event host can contact you with a Zoom invite. **Wednesday, May 1, 10-11:30 AM. Hummingbird Room.**

Foothills Coffeehouse. Enjoy acoustic music performed by local musicians. This month features Red Rock Crossing playing bluegrass, folk, and harmonies. **Thursday, May 2, 6:30-8 PM. Roadrunner Room.**

Bluegrass Jam. Bring your acoustic instrument and play bluegrass, country, folk, gospel, and more, round-robin style! All levels of players are welcome, as well as audience and singers. **Fridays, May 3 & 17, 1-3 PM. Roadrunner Room.**

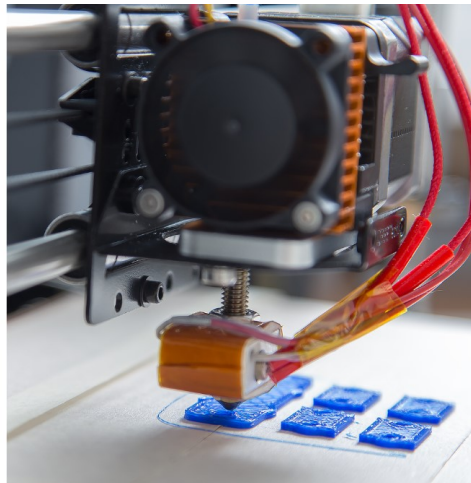
Old-Time Music Jam. This jam focuses on traditional instrumental roots music, including Appalachian fiddle tunes, Celtic and Canadian reels, jigs and hornpipes. All acoustical instruments are encouraged, such as dulcimers, fiddles, banjos, guitars, harps, mandolins, Dobros, Irish whistles, etc. Players of all ages and ability are welcome to join in the time-honored tradition of gathering and playing music. Visit www.azoldtimejam.com to download a free tune book. **Saturdays, May 4 & 18, 10:30 AM-12:30 PM. Roadrunner Room.**

Big Band Grandstand. Musicians who can sight-read charts are encouraged to become a part of our big band, rehearsing and performing a variety of popular big band tunes. Audience is welcome. Players must bring their own music stands and instruments. Email bigbandgrandstand@gmail.com to sign up. **Mondays, May 6, 13 & 20, 1-3 PM. Roadrunner Room.**

Introduction to Mental Alchemy. Also known as Inner Work or the Great Work, Mental Alchemy is the ability to transmute lower states of consciousness into higher states of consciousness to obtain emotional, mental, and spiritual maturity. Learning techniques such as subtle energy cleansing, shadow work, mirroring, self-inquiry, dream interpretation, meditation and contemplation can lead to greater self-awareness and self-transformation. Don't miss this introduction into the mysterious journey of the unconscious mind! Presented by Candy Bailey, MSW, B.Msc. **Monday, May 6, 6:30-8 PM. Roadrunner Room.**

"Shut Up and Write!" Northwest Valley. Discover how helpful it can be to write alongside other writers. All skill levels and types of writing are welcome — a book, blog, script, essay, dissertation, resume, song, poem, or even work. No one will see what you've written (unless you ask them to) or give you unsolicited advice. After a silent hour of writing, participants will have time to connect with other writers, discuss writing projects and hurdles, share recommendations, and participate in a monthly critique group. Please bring along whatever you'll need to write — earbuds, earplugs, laptop or tablet, notebook and pencil, etc. **Tuesdays, May 7, 14, 21 & 28, 10-11:30 AM. Hummingbird Room.**

† **3D Printed Bookmarks.** Summer is right around the corner. Do you have your beach reads picked out yet? Come get prepared and create a one-of-a-kind 3D printed bookmark to use while reading this summer. For adults 18 and up. Registration is required. **Wednesday, May 8, 2-4 PM. Hummingbird Room.**



Heroes Regional Park Library

† **Exploring the Art of Floral Arrangements.** Learn how to create simple and effective fresh floral designs at home, just in time for Mother's Day! From choosing the right container, to the proper medium to work in, Arizona Master Florist Blanca from Amazing Flowers Florist in Phoenix will show you both hand-tied and vase-style designs, as well as how to work with floral foam for easy placement. Make your store-bought bunches look professional with her great tips! For adults 18 and up. Registration is required. **Monday, May 6, 5-6:30 PM. Yucca Room.**

† **Virtual Reality Afternoon.** Are you curious about the new virtual reality technology? Register for a 15-minute session to try out a different game or app each month and discover what the excitement is all about. Anyone is welcome to come and watch! **Sunday, May 12, 2-4 PM. Yucca Room.**

† **Sustainable Gardening: Summer Tactics!** Planning ahead helps bring gardens through the summer and mitigate loss in the worst times. Explore a few basic tricks to help plants through summer extremes and identify some proactive care with the help of AMWUA publications available free to residents. Presenter Pam Perry will teach you about vegetables and flowers that, with some care, will take the heat, provide a harvest, and make the gardener look good even in summer! For adults 18 and up. Registration is required. **Monday, May 13, 1-2:30 PM. Yucca Room.**

† **Line Dance Class: All Levels.** Have fun with your friends and neighbors as a professional instructor with over 30 years of experience teaches you to line dance. No partner is necessary; just wear comfortable clothes and shoes. For adults 18 and up. Registration is required. **Thursday, May 23, 5-6 PM. Yucca Room.**

Learn to Play the Native American Flute. Bring your own flute or just come to listen in this friendly, relaxed environment. Everyone aged 16 and up is welcome, from those who are accomplished players to those who have never touched a flute. For more information, contact Tim Holloway at 623-313-0421. Registration is required. **Thursday, May 30, 6:30-7:45 PM. Yucca Room.**

Velma Teague Library

Tech Help @ VTL. Are you looking for a one-on-one session where you can learn how to type, use your new phone, or use hoopla? Call 623-930-3432 to schedule a 30-minute session to help you get comfortable using a device or an app. **Fridays, May 3, 10, 17, 24 & 31, 4:30-5:30 PM. Meeting Room.**

Free Comic Book Day @ the Library! Drawn to Comics, downtown Glendale's source for comic books, gaming and collectibles, will be giving away comics in celebration of Free Comic Book Day at the Velma Teague Library. Comics will be offered on a first-come, first-served basis and while supplies last. Enjoy select vendors, cosplay, and crafts and games for kids. Activities will take place inside the library and at the Drawn to Comics store located across the street (5801 W. Glendale Avenue). Don't miss the Glendale comic book event of the year...and May the 4th be with you! **Saturday, May 4, 10 AM-2 PM. Velma Teague Library & Drawn to Comics.**

AI for Small Businesses. This exclusive workshop is tailored for small businesses eager to embrace the future. Discover the untapped potential of artificial intelligence and learn how it can elevate your business to new heights. Presented by the AZ Microcredit Initiative. **Monday, May 6, 6-7 PM. Meeting Room.**

Arts and Crafts Corner: Learn How to Knit and Crochet. Drop by to learn new stitches, review past lessons, share techniques, or work on personal projects. **Saturday, May 11, 1-4 PM. Meeting Room.**

Name Your Game for Adults: Classic Board, Card, and Word Games. Remember when we used to play games with family and friends in person? Those days are back! Play some old favorite games and learn new ones. Bring old friends and make new ones. Games include acey-ducey, backgammon, Boggle, canasta, checkers, chess, Chinese checkers, cribbage, dice, dominoes, euchre, gin rummy, hearts, Mille Bornes, Monopoly, pinochle, Rack-O, Rummikub, rummy 500, Scrabble, spades, Uno, Upwords, and Yahtzee. **Monday, May 13, 5:30-7:30 PM. Meeting Room.**

† **Arts and Crafts Corner: Mini Piñata.** Make your own mini piñata! Learn why piñatas are considered an art, and have fun creating a craft that is a beloved Mexican cultural tradition. All materials will be provided. For adults 18 and up. Registration is required. **Saturday, May 18, 1-3 PM. Meeting Room.**

Sunday Afternoon Bingo. Play bingo with other adults. There will be small prizes and books for the winners! **Sunday, May 19, 1:30-3:30 PM. Meeting Room.**

Velma's Clues Cozy Mystery Book Club. Discuss the first book in an ongoing cozy mystery series. This month's book is *Assault and Pepper* by Leslie Budewitz, the first novel in the Spice Shop Mystery series. We are in for a special treat, since the book's Agatha Award-winning author will join us via Zoom. This is a hybrid program, meaning that we will also have a Zoom option. Please email the coordinator at jcoon@glendaleaz.com to obtain the Zoom login information. Because the fourth Monday in May is a holiday, we are meeting on the third Monday instead. **Monday, May 20, 6:30-7:45 PM. Meeting Room.**

† **58th Avenue Book Group.** Discuss different topics, cultures and periods in time. This month's book is *The Stargazer's Sister* by Carrie Brown. Caroline, known as "Lina," finds purpose assisting her brother William Herschel's musical and astronomical pursuits and running his bachelor household. When he decides to marry, however, her world collapses, and we see the dawning of an early feminist consciousness in this woman struggling to find her place among the stars. This is a hybrid program, meaning that we will also have a Zoom option for those who prefer to attend virtually rather than in person. Please email the coordinator at jcoon@glendaleaz.com to obtain the Zoom login information. **Tuesday, May 21, 10:15-11:30 AM. Meeting Room.**

† **Virtual Reality @ the Library.** Teens and adults aged 14 and up are encouraged to sign up for a 20-minute session to get some hands-on experience using our virtual reality headsets! After a brief tutorial to get you comfortable with the controls, you can move on to one of the many preloaded games and activities. Space is limited and registration is required. **Thursday, May 23, 5:30-7:30 PM. Meeting Room.**



Belly Dancing. Local belly dance students and instructors present an evening of music and dance! Groups and solo performers will take the stage and shake things up. There may even be time for live drumming and open dance. Audience is welcome! **Thursday, May 9, 6:30-7:45 PM. Roadrunner Room.**

Jam-Boree Acoustic Jam. Bring your acoustic instrument to play along, or join the audience at this round-robin, all-acoustic jam session. All are welcome. **Saturdays, May 11 & 25, 2-4 PM. Roadrunner Room.**

A Behavioral Approach for Addressing Problematic Social Media Use. Recent research has shown that excessive social media use is linked with a variety of negative health outcomes. Learn more about the unhealthy ritualistic behaviors that often develop through excessive social media use, as well as the behavioral strategies that can be used to address this issue. Presented by Brad MacNeil, Ph.D., R. Psyche, CHE of Midwestern University. **Monday, May 13, 6:30-8 PM. Roadrunner Room.**

A Novel Approach Book Discussion Group. Discuss engaging and thought-provoking popular fiction. This month's book is *Demon Copperhead* by Barbara Kingsolver. **Monday, May 13, 6:30-8 PM. Hummingbird Room.**

† **Virtual Reality Afternoon.** Are you curious about the new virtual reality technology? Register for a 15-minute session to try out a different game or app each month and discover what the excitement is all about. Anyone is welcome to come and watch! **Thursday, May 16, 2-4 PM. Roadrunner Room.**

Acupuncture: The Magic and Mystery. Traditional Chinese medicine practitioners believe the human body has more than 2,000 acupuncture points connected by pathways or meridians. These pathways create Qi, an energy flow through the body that is responsible for overall health. Learn about the basics of acupuncture and how it can improve your health and longevity. Presented by licensed acupuncturist Patricia Martin. **Monday, May 20, 6:30-7:45 PM. Roadrunner Room.**

Art Is for Everyone! Round-Robin Drawing Game. Try something new at this multigenerational program. Bring clothes you can get messy in, and we'll bring the supplies for fun, expressive art making. This month, experience the fun and surprise of round-robin art making! Each participant will start with one piece of paper and drawing supplies of their choice. They will be given 30 seconds to start a drawing, and then pass their paper to the person sitting to their right. Participants will continue passing their drawings around until they are complete, and then start again with fresh blank paper. This collaborative project is designed to get you out of your head and creating for the sheer joy of it! Any art that is not taken home will be proudly displayed at the library. Registration is required. **Thursday, May 23, 6-7 PM. Hummingbird Room.**

Main Library

Stormwater Basics & Passive Rainwater Harvesting. Only rain in the storm drain! Learn about the City's stormwater system and how we can work together to keep our waterways clean. Presented by Megan Sheldon, Deputy Director of the Glendale Water Services Department. Rainwater is free, fresh, and filling! Learn about the importance of rainwater harvesting, and how adding simple earthworks around your plants can create a healthy landscape. Presented by Kaylee Colter, professional landscape architect and Watershed Management Group certified rainwater harvesting professional. Visit linktr.ee/glendalecsl to register. **Saturday, May 4, 9:30-11:30 AM. Auditorium.**

† **Virtual Reality: First Steps.** Are you curious about virtual reality, but haven't had the chance to experience VR firsthand? Now's your chance! Reserve a 20-minute time slot in advance and strap into the Oculus "First Steps" experience. Learn how to navigate a virtual space, interact with VR objects, and even try your hand at a few mini-games. Registration is required for participants, ages 14 and up. Observers are welcome. Please note that people who are prone to motion sickness have a risk of experiencing discomfort when using virtual reality, and use of VR headsets is not recommended for those with a history of epilepsy or seizures. **Monday, May 6, 5-6:30 PM. Large Meeting Room.**

Artistry Workshop: Create a Crafting Apron. Paint, clay, glitter, glue...making crafts can get messy. We have a solution! Create a craft apron that is a mess-buster masterpiece, your very own work of art. We supply the aprons and art materials, you supply the creativity! For adults 18 and up. Registration is required. **Monday, May 6, 6-7:30 PM. Creative Space.**

Main Library Coffeehouse. Enjoy acoustic music performed by local musicians. This month, touring from Florida, the rising Canadian-American singer, songwriter, and musician, Robbie Litt, performs Americana. With the release of his new album, *Go That Far*, this stirring artist is set to showcase his individuality and musical prowess. Then, Honky-Tonk Time Machine travels through time with classic country tunes, featuring songs from the 1970s, 1980s, and 1990s. **Thursday, May 9, 6:30-7:30 PM. Auditorium.**

Sahuaro Ranch Acoustic Jam. Bring your acoustic instrument and play round-robin style in this self-led program. Audience is welcome. **Sundays, May 12 & 26, 2-4 PM. Large Meeting Room.**

Mystery Readers. Discuss mysteries on different topics. This month's topics are mysteries set in Europe or mysteries set in national parks or public places. **Tuesday, May 14, 11 AM-1 PM. Small Meeting Room.**



Active Rainwater Harvesting. Did you know that one inch of rainfall from a 1,000 square foot roof can capture up to 600 gallons of rainwater? Learn what it takes to design a system that collects and stores rainwater for later use. This class is for anyone who wants to learn about active rainwater harvesting techniques, even if you begin with just one barrel. Presented by Kaylee Colter, professional landscape architect and Watershed Management Group certified rainwater harvesting professional. Visit linktr.ee/glendalecsl to register. **Thursday, May 16, 6-7:30 PM. Large Meeting Room.**

Glendale Pipes and Drums: Bagpipe Performance. Enjoy a musical performance and demonstration of Scottish bagpipe music! Learn about the development of the bagpipe, its musical styles, the significance of the kilt, and how it is related to families, clans or military and police units. This concert is funded by a City of Glendale Performing Arts Grant. **Thursday, May 16, 6:30-7:30 PM. Auditorium.**

A Sunday Afternoon of Piano Music: Annie Moscow Trio, Eric Laubach & Student Performers. Prepare to be wowed by the powerful voice and piano style of Phoenix-based singer-songwriter Annie Moscow in a concert featuring Tim Sadow on violin and Sam Russo on percussion. She has been compared to both Carole King and Billy Joel, creating music that delivers dramatic, cinematic storytelling laced with a wry, subtle humor. Don't miss your chance to experience this live rendition of songs from her newly released and critically acclaimed album, *Land of Dreams*. The show will open with two student performances, followed by a 30-minute set of original works and popular standards performed by Eric Laubach. **Sunday, May 19, 2-4 PM. Auditorium.**

Real to Reel. Come talk about books that have been made into movies. Everyone who has read the book or seen the movie is welcome to join! This month's title is *A Walk in the Woods* by Bill Bryson. **Wednesday, May 22, 11 AM-1 PM. Large Meeting Room.**

Socrates Cafe in Person. Gather with people from different backgrounds and beliefs to exchange thoughtful ideas and experiences. This group will be facilitated by Renee Kirschner. **Saturday, May 25, 2-4 PM. Large Meeting Room.**



Get Ready for Summer Reading!

Even though Summer Reading 2024 doesn't begin until June 1, it's not too early to prepare for your adventure! Sign up at maricopacountyreads.org so you're all set to start winning prizes. Don't forget, Summer Reading is for adults, too!

Visit gplaz.org/summerreading2024 to learn more about how "Adventure Begins at Your Library!"