

Heroes Regional Park Library

Nutrition Class: Protein, Micronutrients & Osteoporosis Prevention. This is the last in a series of four classes from the University of Arizona, offered in partnership with the City of Glendale. Previous classes include Intro, Calories, Key Nutrients & My Plate (July 12); Healthy Fats & Oils – Intro to Food Labels (July 19); and Carbs, Sugar and Fiber (July 26). Please note that the dates of these classes have changed. Presented by Khandle Hedrick, Instructional Specialist. You must attend all four classes in order to earn your Certificate in Nutrition. Please complete the survey at <https://bit.ly/gplnutrition> before registering. **Tuesday, August 2, 10:30-11:30 AM. Yucca Room.**

Frank Talks: Where Do Landfills Go? A History of Environmental Justice. Where do we dump toxic waste, bury contaminated soil, and put industrial waste facilities? Join us for a timely discussion on environmental racism and the movement for environmental justice. Facilitated by Matthew C. Whitaker, Ph.D., founder of the ASU Center for the Study of Race and Democracy. Registration is required. Produced in partnership with Arizona Humanities and the Arizona State Library, Archives & Public Records. **Saturday, August 6, 2-3 PM. Yucca Room.**

Safety for Kids and Families. Come to the library with your children to play Safety Wheel, get little prizes and learn safety tips! Brought to the library by the Maricopa County Attorney's Office, this fun and educational event will help you keep your family safe. **Saturday, August 20, 10:30 AM-12:30 PM. Yucca Room.**

Neighborhood Watch Overview. Learn about the importance of a Neighborhood Watch and how to start a new one in your neighborhood. Presented by Crime Prevention Specialist Aimee Tibbits, a former Glendale police officer and crime analyst. Registration is required. **Tuesday, August 23, 11 AM-12 PM. Yucca Room.**



Main Library

Mystery Readers. Discuss mysteries on different topics. This month: murder and romance or mysteries made into movies. **Tuesday, August 9, 11 AM-1 PM. Large Meeting Room.**

Sahuaro Ranch Acoustic Jam. Bring your acoustic instrument and play round-robin style in this self-led program. All ages are welcome to join the audience. **Sunday, August 14 & 28, 2-4 PM. Meeting Room Wing.**

Main Library Coffeehouse: Dan McCorison & Doug Barnett. Enjoy acoustic music performed by local musicians. This month features acoustic singer/songwriters Dan McCorison (western & Americana) & Doug Barnett (indie new folk). **Monday, August 15, 6:30-7:30 PM. Auditorium.**

Afternoon Book Discussion. Come to a fun afternoon of companionship and literary fiction. This month's book is *Winter Garden* by Kristin Hannah. **Thursday, August 18, 2-3:30 PM. Large Meeting Room.**

ARIZONA@WORK Job Fair. The Arizona@Work Business Team will be hosting a job fair, with several valley employers, looking to hire individuals seeking jobs. **Thursday, August 25, 10 AM-1 PM. Meeting Room Wing.**

www.glendaleazlibrary.com @glendalelibraryaz @glendalelibrary



All events at the Glendale Public Library are public, and participants may be photographed by the media and/or City staff for future print and/or online publication.

Please arrive on time for registered programs. If you are more than 10 minutes late, your space may be given to another.

Glendale Public Library is a division of the City of Glendale's Community Services Department: 623-930-3590



August 2022

Programs for Adults at the
Glendale Public Library

Events

Featured Programs

End of Summer Book Sale. Shop a huge assortment of books and media with something for everyone, plus a special vintage collection available at individual pricing. **Saturday, August 13, 10 AM-4 PM & Sunday, August 14, 1-4 PM. Foothills Library Roadrunner Room & Hummingbird Room.**



To register for a program, please visit <https://bit.ly/gplzevents> or call 623-930-3600.

Foothills Library
19055 N. 57th Ave.

Heroes Regional
Park Library
6075 N. 83rd Ave.

Main Library
5959 W. Brown St.

Velma Teague Library
7010 N. 58th Ave.

623-930-3600

Monday	12 PM-8 PM
Tuesday	10 AM-4 PM
Wednesday	10 AM-2 PM
Thursday	10 AM-6 PM
Friday	10 AM-6 PM
Saturday	10 AM-5 PM
Sunday	1 PM-5 PM

ASU Startup School. This full-day workshop is based on a series of classes created by ASU Entrepreneurship + Innovation and taught by staff from the City of Glendale's Office of Economic Development. The goal is to help entrepreneurs learn the fundamentals of starting and growing a business. At the end of the workshop, entrepreneurs will be able to express their ideas with an excellently crafted elevator pitch, understand the Business Model Canvas and customer discovery, identify a Minimum Viable Product (MVP), and understand the costs and revenue needed to be successful. Registration is required. **Saturday, August 27, 10:30 AM-4 PM. Velma Teague Library Meeting Room.**

Foothills Library

See also the **Book Sale** in the **Featured Programs** section on the front page of this calendar.

Big Band Grandstand. Musicians who can sight-read charts are encouraged to join our big band, rehearsing and performing a variety of tunes. All ages are welcome to join the audience. Players must bring their own music stands and instruments. Email bigbandgrandstand@gmail.com to sign up. **Monday, August 1, 8, 15 & 22, 1-3 PM. Roadrunner Room.**

***Gentle Reads Book Discussion Group.** Discuss emotionally uplifting and inspirational fiction. This month's book is *My Brilliant Friend* by Elena Ferrante. **Wednesday, August 3, 10-11:30 AM. Hummingbird Room.**

Bluegrass Jam. Bring your acoustic instrument and play bluegrass, country, folk, gospel, and more, round-robin style! All levels of players, audience and singers are welcome. **Friday, August 5 & 19, 1-3 PM. Roadrunner Room.**

Old-Time Music Jam. This jam focuses on traditional instrumental roots music. All acoustical instruments are encouraged. Players of all ages and ability are welcome. Download a free tune book at www.azoldtimejam.com. **Saturday, August 6 & 20, 10:30 AM-12:30 PM. Roadrunner Room.**

Glendale Writers Critique Group. Meet other writers who will critique your writing, provide feedback, and offer mutual support and guidance in the pursuit of publication. Compositions submitted at one session will be critiqued at the following session. This group is open to all unpublished or published authors. **Sunday, August 7, 1-3 PM. Hummingbird Room.**

Family Literacy Night. Come to this family-centered, shared interactive reading event for parents and their children, ages 2-4, to learn tips and tricks that make reading fun and engaging. Presented by Midwestern University's Speech-Language Pathology program. Registration is required. **Monday, August 8, 5:30-6:30 PM. Storytime Room.**

A Novel Approach Book Discussion Group. Discuss engaging and thought-provoking popular fiction. This month's book is *Libertie* by Kaitlyn Greenidge. **Monday, August 8, 6:30-8 PM. Hummingbird Room.**

Teeth Whitening Products on the Market Today. Walking down the oral care aisle at the supermarket, you are immediately bombarded by dozens of products, all boasting the ability to brighten your smile. It can be nearly impossible to differentiate one product from another, and even more difficult to know if they even work. Alexandra C. Pierre-Bez, D.M.D., M. Ed. and Gina Agostini-Walesch, Ph.D. of Midwestern University will discuss currently available teeth whitening products, as well as results from their personal research. **Monday, August 8, 6:30-8 PM. Roadrunner Room.**

Jam-Boree Acoustic Jam. Bring your acoustic instrument to play along, or join the audience at this round-robin, all-acoustic jam session. All are welcome. **Saturday, August 27, 2-4 PM. Roadrunner Room.**



*Hybrid programs offer both in-person and virtual attendance options.

Velma Teague Library

See also **ASU Startup School** in the **Featured Programs** section on the front page of this calendar.

***Brown Bag Booktalk.** Looking for something good to read? Come for coffee or tea and some fresh-brewed book recommendations. Feel free to bring your lunch and a book or two to recommend to others. View previous booklists at <https://bit.ly/gplbrownbag>. **Thursday, August 4, 1:15-2:30 PM. Meeting Room.**

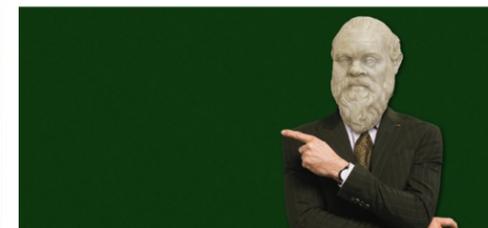
Arts and Crafts Corner: Learn How to Knit and Crochet. Drop by to learn new stitches, review past lessons, share techniques, or work on personal projects. **Saturday, August 6, 1-4 PM. Meeting Room.**

***58th Avenue Book Group.** Discuss different topics, cultures, and periods in time. This month's book is *The Exiles* by Christina Baker Kline. **Tuesday, August 16, 10:15-11:30 AM. Meeting Room.**

Adult Crafting: Birds and Beads Mobile. Create your own hanging art mobile featuring yarn, beads, cardboard birds, paint and an embroidery hoop. All supplies will be provided. Registration is required and space is limited. **Saturday, August 20, 1-3 PM. Meeting Room.**

Senior Sunday Bingo. Play bingo with other seniors. Winners will receive small prizes and books! **Sunday, August 21, 1:30-3:30 PM. Meeting Room.**

***Velma's Clues Cozy Mystery Book Club.** Discuss the first book in an ongoing cozy mystery series. This month's book is *Books Can Be Deceiving* by Jenn McKinlay, the first in the Library Lover's Mystery series. **Monday, August 22, 6:30-7:45 PM. Meeting Room.**



Virtual Library

You must register with an email address to receive the Zoom link for a virtual program.

Socrates Café: A Virtual Philosophical Discussion Group. Gather with people who have different backgrounds and beliefs to exchange thoughtful ideas and experiences. **Thursday, August 4 & 18, 10 AM-12 PM.**

Songs in Progress Virtual Workshop. Meet virtually with Arizona Songwriters Association members Jon Iger and Randy Brown to get constructive feedback on your song, finished or not, *before* you go into the studio! Perform it live or play a CD or tape. **Saturday, August 20, 1-4 PM.**

Virtual Writers Group Workshop. Meet fellow writers and hear thoughtful feedback on your work. All genres and writing styles are welcome. **Wednesday, August 31, 6-8 PM.**

To find more virtual options, look through this calendar for hybrid programs, which are marked with an asterisk (*). These offer both in-person and virtual attendance.



For special accommodations, please call the host location at least one week prior to the program.