

## Heroes Regional Park Library

**Nutrition Class.** Earn your Certificate in Nutrition through this series of four classes from the University of Arizona, offered in partnership with the City of Glendale. Class topics include Intro, Calories, Key Nutrients & My Plate (9/1); Healthy Fats & Oils – Intro to Food Labels (9/15); Carbs, Sugar & Fiber (9/22); and Protein, Micronutrients & Osteoporosis Prevention (9/29). Please complete the survey at <https://bit.ly/gplnutrition> before registering. You must register for all four classes individually to attend. Presented by Khandle Hedrick, Instructional Specialist. **Thursday, September 1, 15, 22 & 29, 5-6 PM. Yucca Room.**

**Glendale 100: T-Shirt Scarf Craft.** Celebrate the 2010s! Bring an old t-shirt you love or use one of ours to create a unique scarf. Instructions, scissors, and fun will be provided! Registration is required. **Saturday, September 10, 2-3 PM. Creative Space.**

**Rx Matters.** Medications are helping people live longer and can improve quality of life, but they need to be used safely. Learn the risks, the questions you should ask your physician and pharmacist, and proper storage and disposal guidelines. Presented by Ariana DiGregorio, Prevention Specialist at Area Agency on Aging. **Wednesday, September 14, 11 AM-12 PM. Yucca Room.**

**A Matter of Life.** Suicide rates of older adults are higher than any other age group in Maricopa County. A Matter of Life helps people recognize the signs and symptoms of depression, anxiety, and substance abuse. Learn how this program connects people with resources and tools to access help for themselves or someone they know. Presented by Ariana DiGregorio, Prevention Specialist at Area Agency on Aging. **Wednesday, September 21, 11 AM-12 PM. Yucca Room.**



## Velma Teague Library

**Arts and Crafts Corner: Learn How to Knit and Crochet.** Drop by to learn new stitches, review past lessons, share techniques, or work on personal projects. **Saturday, September 10, 1-4 PM. Meeting Room.**

**Adult Crafting: Large Garden Pinwheels.** Create your own colorful garden pinwheels. All supplies will be provided. Registration is required and space is limited. **Saturday, September 17, 1-3 PM. Meeting Room.**

**Senior Sunday Bingo.** Play bingo with other seniors. Winners will receive small prizes and books! **Sunday, September 18, 1:30-3:30 PM. Meeting Room.**

**\*58th Avenue Book Group.** Discuss different topics, cultures, and periods in time. This month's book is *The Tea Rose* by Jennifer Donnelly. **Tuesday, September 20, 10:15-11:30 AM. Meeting Room.**

**\*Velma's Clues Cozy Mystery Book Club.** Discuss the first book in an ongoing cozy mystery series. This month's book is *Borrower of the Night* by Elizabeth Peters, the first in the Vicky Bliss Novel of Suspense series. **Monday, September 26, 6:30-7:45 PM. Meeting Room.**

[www.glendaleazlibrary.com](http://www.glendaleazlibrary.com) @glendalelibraryaz @glendalelibrary



## September 2022

Programs for Adults at the  
Glendale Public Library

# Events

## Featured Programs

To register for a program, please visit <https://bit.ly/gplazevents> or call 623-930-3600.

Foothills Library  
19055 N. 57th Ave.

Heroes Regional  
Park Library  
6075 N. 83rd Ave.

Main Library  
5959 W. Brown St.

Velma Teague Library  
7010 N. 58th Ave.

623-930-3600

Monday 12 PM-8 PM  
Tuesday 10 AM-4 PM  
Wednesday 10 AM-2 PM  
Thursday 10 AM-6 PM  
Friday 10 AM-6 PM  
Saturday 10 AM-5 PM  
Sunday 1 PM-5 PM



† **Glendale 100: Glendale Public Library Centennial Celebration Kickoff.** Celebrate our library's 100 years as a part of the City of Glendale with a series of special programming focusing on the history of libraries in the United States, as well as our Arizona heritage. From September 2022 – May 2023, we'll feature children's programs, adult lectures, artistry workshops for all ages, a reading program for children and teens, and more.

Come kick things off with an afternoon of fun for the entire family! Festivities begin at 1 PM. Enjoy tall tales, cowboy poetry, and music from Singing Cowboy Gary Sprague and his horse Dusty (1:30-2:15 PM); bluegrass from Cisco and the Racecars (2:30-3:15 PM); and dancing from Ballet Folklorico Esperanza (3:30-4:30 PM). The Bookmans Phoenix Musical Instrument Petting Zoo in the Storytime Room, a library scavenger hunt, and Library Card Sign-up Month promotions will be available throughout the event.

This program is held in partnership with Special Events and LiVE! @ Murphy Park. **Saturday, September 10, 12-4:30 PM. Main Library.**



**College and After High School Fair.** Are your kids wondering what options are available after high school? Should they go to college, or would a trade school be a better fit? What are the steps they'll need to take? Bring your teens and tweens and learn the information you need to take the right steps after graduation! Talk with representatives from local schools, attend seminars on a variety of topics, and more. Open to all ages. **Sunday, September 25, 1-4:30 PM. Foothills Library Roadrunner Room.**



† This program is supported by the Arizona State Library, Archives and Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services.

All Glendale Public Library locations will be closed on Monday, September 5, in observance of Labor Day.

All events at the Glendale Public Library are public, and participants may be photographed by the media and/or City staff for future print and/or online publication.

Please arrive on time for registered programs. If you are more than 10 minutes late, your space may be given to another.

Glendale Public Library is a division of the City of Glendale's Community Services Department: 623-930-3590

## Foothills Library

See also the *College and After High School Fair* in the *Featured Programs* section on the front page of this calendar.

**Bluegrass Jam.** Bring your acoustic instrument and play bluegrass, country, folk, gospel, and more, round-robin style! All levels of players, audience and singers are welcome. **Friday, September 2 & 16, 1-3 PM. Roadrunner Room.**

**Old-Time Music Jam.** This jam focuses on traditional instrumental roots music. All acoustical instruments are encouraged. Players of all ages and ability are welcome. Download a free tune book at [www.azoldtimejam.com](http://www.azoldtimejam.com). **Saturday, September 3 & 17, 10:30 AM-12:30 PM. Roadrunner Room.**

**Glendale Writers Critique Group.** Meet other writers who will critique your writing, provide feedback, and offer mutual support and guidance in the pursuit of publication. Compositions submitted at one session will be critiqued at the following session. This group is open to all unpublished or published authors. **Sunday, September 4, 1-3 PM. Hummingbird Room.**

**\*Gentle Reads Book Discussion Group.** Discuss emotionally uplifting and inspirational fiction. This month's book is *A Tree Grows in Brooklyn* by Betty Smith. **Wednesday, September 7, 10-11:30 AM. Hummingbird Room.**

**Jam-Boree Acoustic Jam.** Bring your acoustic instrument to play along, or join the audience at this round-robin, all-acoustic jam session. All are welcome. **Saturday, September 10 & 24, 2-4 PM. Roadrunner Room.**

**Big Band Grandstand.** Musicians who can sight-read charts are encouraged to join our big band, rehearsing and performing a variety of tunes. All ages are welcome to join the audience. Players must bring their own music stands and instruments. Email [bigbandgrandstand@gmail.com](mailto:bigbandgrandstand@gmail.com) to sign up. **Monday, September 12 & 19, 1-3 PM. Roadrunner Room.**

**Family Literacy Night.** Come to this family-centered, shared interactive reading event for parents and their children, ages 2-4, to learn tips and tricks that make reading fun and engaging. Presented by Midwestern University's Speech-Language Pathology program. Registration is required. **Monday, September 12, 5:30-6:30 PM. Storytime Room.**

**A Novel Approach Book Discussion Group.** Discuss engaging and thought-provoking popular fiction. This month's book is *The School for Good Mothers* by Jessamine Chan. **Monday, September 12, 6:30-8 PM. Hummingbird Room.**

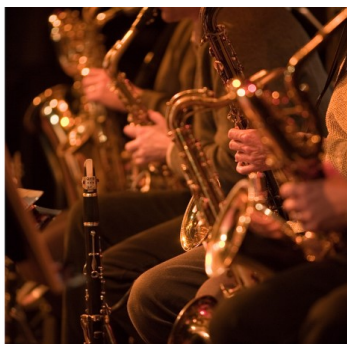
**Cytology Testing for Pets.** Learn about cytology in veterinary medicine, and see samples and case examples of how cytology helps veterinarians provide better, more accurate veterinary care for our beloved pets. Presented by Mary White, D.V.M., DACVP of Midwestern University. **Monday, September 12, 6:30-8 PM. Roadrunner Room.**

† **Glendale 100: Art Deco Trays.** Come celebrate the 1930s with us by crafting your very own Art Deco Tray! All supplies are provided. Registration is required. **Tuesday, September 13, 2-4 PM. Hummingbird Room.**

† **Glendale 100: They Beat the Heat — How Arizonans Survived the Desert Heat in the Days Before Air Conditioning.** Discover how the people who settled and built Arizona survived intense desert temperatures. This AZ Speaks lecture, presented by writer and researcher Christine Reid and co-sponsored by AZ Humanities, will feature fascinating newspaper clippings, anecdotes, and photographs. **Sunday, September 18, 2-3 PM. Roadrunner Room.**

**FRANK Talk: Diversity, Equity, and Inclusion — What Is It and How Do We Do It?** In many organizations, institutions and corporations, the words diversity, equity and inclusion (DEI) are being incorporated into mission statements, workplace trainings, and sometimes day-to-day practices. Let's talk about what we mean by DEI and how to put words into practice. This FRANK Talk is facilitated by Derek Keith of ASU and produced in partnership with Arizona Humanities and the Arizona State Library, Archives & Public Records. **Saturday, September 24, 10-11:30 AM. Roadrunner Room.**

**Fall Concert: Big Band Grandstand.** Enjoy a special live performance of swinging popular standards! **Monday, September 26, 6-7:30 PM. Roadrunner Room.**



\*Hybrid programs offer both in-person and virtual attendance options.

## Main Library

See also the *Glendale Public Library Centennial Celebration* in the *Featured Programs* section on the front page of this calendar.

**Irrigating with Gray Water.** Clint Culberson and Michael Gettens from Galaxy Gardens will share how they plan and install simple systems that send gray water from laundry machines, handwashing sinks, baths, and showers to your landscape. Register at <https://bit.ly/gplgraywater>. **Saturday, September 10, 10-11:30 AM. Auditorium.**

**Arizona Commerce Authority Business Checklist.** The Arizona Commerce Authority's free, interactive Checklist Program serves as Arizona's primary source of business licensing and resource information to assist and enable business growth statewide. Cheryl Lopez, Senior Program Manager, will highlight key topics, content, and features. Registration is required. **Saturday, September 10, 10:30 AM-12 PM. Large Meeting Room.**

**Sahuaro Ranch Acoustic Jam.** Bring your acoustic instrument and play round-robin style in this self-led program. All ages are welcome to join the audience. **Sunday, September 11 & 25, 2-4 PM. Meeting Room Wing.**

**Sourcing and Pricing Merchandise for Online Selling.** Learn where to find items to sell online and how to profitably price them. Registration is required. **Monday, September 12, 6-7:30 PM. Large Meeting Room.**

**Mystery Readers.** Discuss mysteries on different topics. This month: police procedurals or mysteries set in the Southwest. **Tuesday, September 13, 11 AM-1 PM. Large Meeting Room.**

**Career Search Strategies.** Troy Maskell from the Goodwill Career Center will show you how to create a job search plan and find the right resources, the best practices for sending and following up on resumes, the key steps in preparing for an interview, and proper job search etiquette. Registration is required. **Saturday, September 17, 11 AM-12:30 PM. Large Meeting Room.**

**Business and Career Office Hours.** Do you have questions on starting a business or finding a job? Are you interested in the IDEA Center equipment that is available for in-house use? Stop by the Creative Space and Michael Schor, the College, Career, and Business Librarian, will answer your questions. **Monday, September 19, 5-7 PM. Creative Space.**

**Main Library Coffeehouse: E3.** Enjoy acoustic music performed by local musicians. This month, acoustic singer/songwriters Eric Douglas, Eric Laubach & Eric Ramsey will play their compositions. **Monday, September 19, 6:30-7:30 PM. Auditorium.**

**Maker Mondays: 3D Printed Bookmark.** This month, learn the basics of Tinkercad, a free, web-based 3D design program, and create a bookmark with your initials. Bring your own laptop or use one of ours. Bookmarks will be printed and available for pickup within one week. Registration is required and space is limited. **Monday, September 26, 6-7:30 PM. Creative Space.**

**Real to Reel Book Discussion.** Talk about books that have been made into movies. This month's selection is *Caging Skies* by Christine Leunens, made into the movie *Jojo Rabbit*. **Wednesday, September 28, 11 AM-1 PM. Large Meeting Room.**



## Virtual Library

You must register with an email address to receive the Zoom link for a virtual program. To find more virtual options, look through this calendar for hybrid programs, which are marked with an asterisk (\*). These offer both in-person and virtual attendance.

**Socrates Café: A Virtual Philosophical Discussion Group.** Gather with people who have different backgrounds and beliefs to exchange thoughtful ideas and experiences. **Thursday, September 1 & 15, 10 AM-12 PM.**

**Songs in Progress Virtual Workshop.** Meet virtually with Arizona Songwriters Association members Jon Iger and Randy Brown to get constructive feedback on your song, finished or not, *before* you go into the studio! Perform it live or play a CD or tape. **Saturday, September 17, 1-4 PM.**

**The Dirt on Compost.** Garden author Kirti Mathura will show you how easy it is to produce your own compost, the "black gold" essential for successful vegetable gardening. Register at <https://bit.ly/gplcompost>. **Wednesday, September 21, 6-7:30 PM.**

**Virtual Writers Group Workshop.** Meet fellow writers and hear thoughtful feedback on your work. All genres and writing styles are welcome. **Wednesday, September 28, 6-8 PM.**



For special accommodations, please call the host location at least one week prior to the program.